

# Early Childhood Mental Health Consultation Line

Families & Educators  
Need Support?

**CALL (213) 443-0165**  
for consultation, support &  
referrals for Birth - 5

**Weekdays 8 am - 5 pm**

Your call will be answered by Early Childhood Mental Health Consultants, trained psychiatric social workers who are standing by to provide you with:



- Information to help nurture the **healthy development** of children birth-5 years old
- **Parenting support** to help build on the parenting skills you already have, including **how to manage challenging behaviors** and **build a nurturing relationship with your child**
- **Referrals to community resources** and other services
- Parent support during **distance learning**